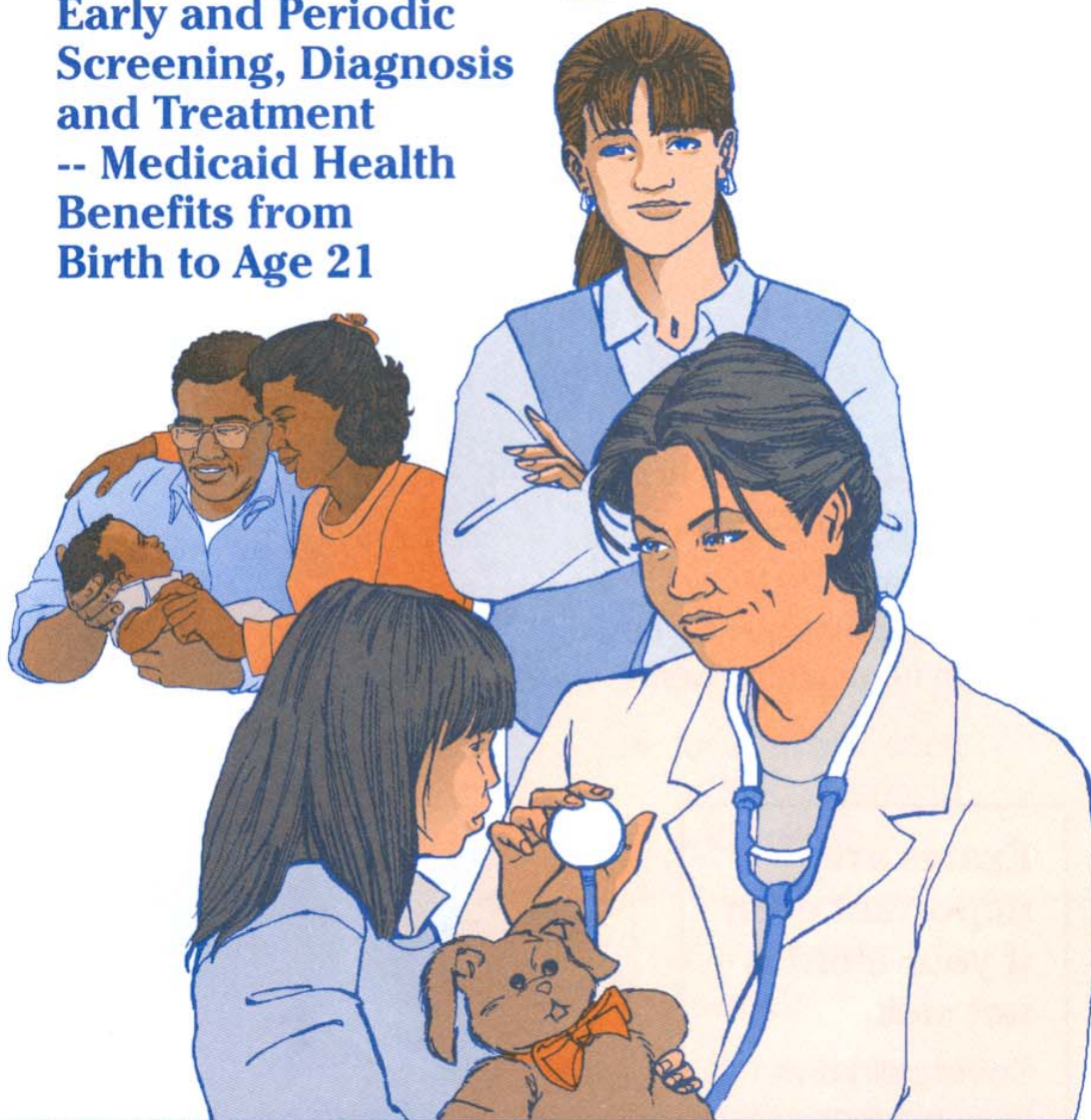


# Virginia EPSDT Program

Early and Periodic  
Screening, Diagnosis  
and Treatment  
-- Medicaid Health  
Benefits from  
Birth to Age 21



Virginia Department of  
Medical Assistance Services  
1-800-643-2273

# EPSDT exams help keep your child healthy!

**They help:**

**Protect  
your child  
from illness**

Make sure your child has regular exams.

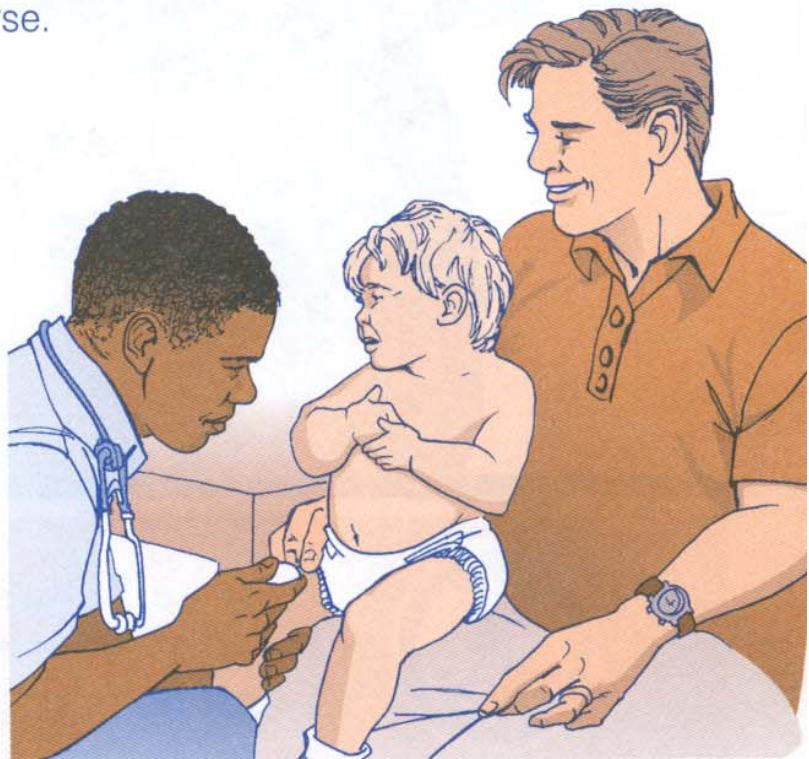


**Find problems early**

Exams can find a health problem early. That way, treatment can help keep the problem from getting worse.

**Exams are  
important even  
if your child is  
not sick.**

Some children  
have hidden  
health problems.





# Medicaid covers EPSDT exams.

**There is no cost to you.**

## What is included in an exam?

Your child can get:

- a physical
- vision and hearing checkups
- shots
- blood and urine tests
- health education
- eyeglasses and hearing aids
- more.



The doctor or nurse will also check:

- how well your child is growing
- for illnesses, such as lead poisoning and anemia.



### If a problem is found:

- It may be treated right away.
- Your child may need to see another doctor.

There is no cost for this care.

# Make sure your child gets all needed shots.

Some shots are given more than once.  
Your child needs every dose!



**If your child missed shots as a baby, get them now.**

It is not too late.  
Call for an appointment.

**Take the shot record in this book with you.**

Have your doctor sign and date the record each time your child gets a shot.





# **Your Child's Passport to Good Health**

Child's name: \_\_\_\_\_

Birth date: \_\_\_\_\_

Social Security number: \_\_\_\_\_

Pull out this section of the booklet.  
It's your child's passport to good health!

# When to get exams

Have your child's doctor fill in the date of your child's next exam:

Newborn	
2 months	
4 months	
6 months	
9 months	
12 months	
15 months	
18 months	
2 years	
3 years	
4 years	
5 years	
6 years	
8 years	
10 years	
12 years	
14 years	
16 years	
18 years	
20 years	


Dental checkups every 6 months





# Shot chart

Have your child's doctor fill in the dates and sign the chart for each shot given.

Your Child's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

CHILD'S AGE	SHOT	DATE GIVEN	DOCTOR'S SIGNATURE
Birth-2 months	Hep B (hepatitis B)		
1-4 months	Hep B		
2 months	DTaP (diphtheria, tetanus and pertussis), IPV (polio), Hib ( <i>Haemophilus influenzae</i> type b)		
4 months	DTaP, IPV, Hib		
6 months	DTaP, Hib		
6-18 months	Hep B, OPV (polio)		
12-15 months	Hib, MMR (measles, mumps and rubella)		
12-18 months	Var (chickenpox)		
15-18 months	DTaP		
Before starting school (4-6 years)	MMR, DTaP, OPV		
11-12 years	MMR (if your child has not had the MMR shots), Var (if your child has not had the chickenpox shot and has never had chickenpox), Hep B (if your child has not had the hepatitis B shots)		
11-16 years	Td (tetanus, diphtheria)		



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**For more information about  
EPSDT health services,  
call  
1-800-643-2273.**



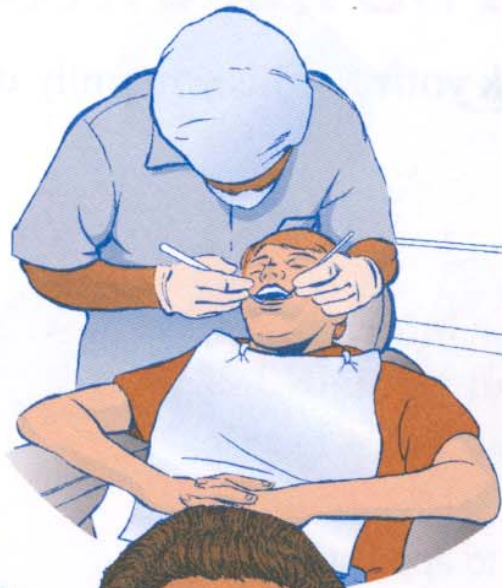
# More about EPSDT

## **Your child can get dental care.**

There is no cost to you.  
Dental care is for:

- children age 3 or older
- younger children if they have tooth problems.

Your child needs a dental exam every 6 months.  
This helps prevent dental problems.



## **Teens can get needed health exams, too.**

Teens can learn about:

- changes in their body
- making good choices
- healthy behaviors
- self-esteem and good mental health
- the dangers of alcohol, tobacco and other drugs
- AIDS and other diseases
- hygiene
- diet and weight.

# Where to get EPSDT services

**Ask your Medicaid family doctor or HMO.**

**For information,  
call 1-800-643-2273.**

You can ask for help:

- getting a ride to appointments
- making appointments.



**When your child  
goes for an exam,**

bring:

- any shot records
- your child's Medicaid card.



# Your doctor knows you best.

## Use the emergency room for real emergencies.

Call your doctor for regular health care.

## If you think your child is sick,

call your doctor first. He or she will tell you what to do.

## Keep your child healthy!

- Make your appointments, and keep them.
- Do what your doctor tells you.

## Help your child to good health!

